# **Common Sources of Ethylmercury**

Compiled by Melissa Kaplan, 2000 www.anapsid.org/cnd/diffdx/

#### Products containing ethyl mercury thiosalicylic acid as a preservative:

Cosmetics, including makeup removers, mascara, and eye moisturizers Ear, eye, and nose drops Eye ointments Mercurochrome® Merthiolate topical antiseptic Soap-free cleaners Some contact lens solutions Topical medicated sprays Topical medications Vaccines, antitoxins, tuberculin tests, desensitizing solutions

# Other common sources of mercury:

Adhesives Air conditioner filters Amalgams (silver fillings) Auto exhaust **Batteries** Bleached flour Calomel (talc, body powders) Cinnabar (used in jewelry) Drinking water (tap and well), plumbing and piping Fabric softeners Felt Floor waxes and polishes Laxatives Paint pigments and solvents Pesticides Processed foods Vegetables and fruits exposed to pesticides Wood preservatives

### Other names for this ethylmercury:

Sodium ethylmercurithiosalicylate Mercurothiolate Merzonin Mertorgan Merfamin Ethyl (2-mercaptobenzoato-S) mercury sodium salt Thiomersalate Thiomersalan [(o-carboxyphenyl)thio] Ethylmercury sodium salt Common Sources of Ethyl Mercury, continued...

### Examples of products containing thimerosal

Antibiotics for the Eye	Cortisporin® Ophthalmic Suspension Neosporin® Ophthalmic Solution
Nasal Preparations	Nasal Moist® AF Neo-Synephrine® Pediatric Formula, Mild Formula, Regular Strength, and Extra Strength Nasal Spray
Ear Preparations	Coly-mycin® S Otic Cortisporin® Otic Suspension Pediotic® Suspension
Cosmetics	L'Oreal® Miracle Wear Mascara Stagelight® Mascara
Vaccines	Hep-B-Gammagee® Recombivax HB® Hyper-Tet® Tetanus and diphtheria toxoid

# **Examples of Products Free of Thimerosal**

Bausch & Lomb® Dry Eye Therapy
Murine® Lubricating Eyedrops
Hypotears® PF
Tobrex® and Tobradex® Solution or Ointment
Ocuflox® Solution
Timoptic® S
lopidine®
Polysporin® Ophthalmic Ointment
Renu® Enzymatic Cleaner
Opti-One® Rewetting Drops
Bausch & Lomb® Sensitive Eyes Sterile Saline Spray
Afrin® Nasal Spray and Drops
NTZ® Nasal Spray and Drops
Beconase AQ®
Cortisporin® Otic Solution
All Almay® products
All Physicians Formula® products
Most live-virus vaccines including influenza vaccine

If you are sensitive to mercury, you will also be sensitive to Piroxicam (Feldene®), an non-steroidal anti-inflammatory drug

Information Sources: Thimerosal Patient Counseling Center, www.truetest.com Alternative & Complementary Therapies, June 1997